

APPENDICES

GLOSSARY OF EMOTIONS

Abandoned	Baffled	Cooperative
Able	Bashful	Cranky
Absorbed	Bereaved	Crestfallen
Abused	Bewildered	Cross
Accepting	Bitter	Crushed
Accomplished	Blissful	Curious
Adamant	Blue	
Admirable	Bold	Daring
Admired	Bothered	Defiant
Affable	Brave	Dejected
Affectionate	Buoyant	Delighted
Afraid		Depressed
Aggravated	Calm	Detached
Aggressive	Cantankerous	Determined
Agony	Capable	Devious
Agreeable	Carefree	Disappointed
Alarmed	Careful	Discouraged
Alert	Caring	Disdainful
Alienated	Cautious	Disenchanted
Aliveness	Chagrined	Disengaged
Alone	Charitable	Disgusted
Amazed	Cheerful	Disillusioned
Ambivalent	Cold	Disinterested
Amused	Complacent	Dismayed
Angry	Composed	Dismissive
Annoyed	Compulsive	Distant
Anxious	Concerned	Doleful
Apprehensive	Confident	
Ashamed	Considerate	Eager
Astonished	Contemptuous	Ecstatic
Awed	Content	Edgy
Awkward	Contrite	Elated

APPENDICES

Embarrassed	Guilty	Joyous
Emboldened	Happy	Judged
Enraged	Heartbroken	Judgmental
Enthusiastic	Helpless	
Envious	Hesitant	Keen
Euphoric	Hopeless	Kind
Excited	Horrificed	
Exhausted	Humbled	Lackluster
Extravagant	Humiliated	Lazy
Exuberant	Hurt	Leery
	Hyperactive	Lethargic
Fair	Hypoactive	Listless
Fatigued	Hysterical	Lonely
Fearful		Loving
Flustered	Ignorant	
Foolish	Ignored	Mad
Forgiving	Impatient	Malevolent
Frightened	Impertinent	Manic
Frustrated	Inadequate	Manipulated
Fulfilled	Indifferent	Manipulative
Funny	Inquisitive	Marvelous
Furious	Insecure	Mean
	Inspired	Meek
Generous	Inspiring	Melancholy
Glad	Interested	Melodramatic
Gleeful	Irked	Mischievous
Gloomy	Irrational	Miserable
Glum	Irritable	Misunderstood
Gracious	Irritated	Moody
Grateful	Isolated	Mopey
Greedy	Jaded	Morose
Grief-stricken	Jealous	Moved
Grouchy	Jittery	Manic
Grumpy	Jocular	Manipulated
Guarded	Joyful	Manipulative

APPENDICES

Marvelous	Overjoyed	Reasonable
Mean	Overloaded	Reasoned
Meek	Overpowered	Reassured
Melancholy	Overstimulated	Rebellious
Melodramatic	Overwhelmed	Refreshed
Mischievous		Rejuvenated
Miserable	Panicked	Relaxed
Misunderstood	Panicky	Relieved
Moody	Passive	Reluctant
Mopey	Peaceful	Remorseful
Morose	Peeved	Repulsed
Moved	Pensive	Resentful
	Perturbed	Reserved
Naïve	Petrified	Restless
Nasty	Petty	
Naughty	Petulant	Sad
Needed	Placid	Safe
Needy	Playful	Sanguine
Neglected	Pleased	Sarcastic
Neglectful	Powerful	Satisfied
Nervous	Powerless	Scared
Nice	Pressured	Scornful
Nonchalant	Prickly	Secure
Nonplussed	Prideful	Sensitive
Numb	Preoccupied	Serene
	Proud	Serious
Obedient	Puzzled	Shy
Obligated		Silly
Obsessed	Quiet	Sincere
Obsessive	Quirky	Skeptical
Obstinate	Quivery	Smug
Offended	Quelled	Sociable
Open		Sorrowful
Open-minded	Rageful	Spiteful
Optimistic	Rational	Startled
Outraged	Rattled	Stressed

APPENDICES

Stubborn	Unafraid	Vulnerable
Surprised	Unappreciated	
Sympathetic	Uncertain	Warm
	Uncomfortable	Wary
Tearful	Undecided	Wasted
Teary	Uneasy	Weak
Temperamental	Unhappy	Weary
Tender	Unimpressed	Weepy
Terrified	Unnerved	Whimsical
Thankful	Unruffled	Whiny
Thoughtful	Unruly	Willful
Threatened	Unsteady	Willing
Tickled	Unsure	Wishful
Timid	Unwavering	Wistful
Tired	Uplifted	Withdrawn
Tiresome	Uptight	Witty
	Useful	Worn
Tolerable	Useless	Worried
Tolerant		Worthless
Torn	Vacant	Wronged
Touched	Vain	
Tranquil	Valuable	Yearning
Trepidatious	Valued	Yielding
Troubled	Vexed	Youthful
Trusted	Vibrant	Zany
Trusting	Victimized	Zealous
Trustworthy	Victorious	
	Violent	
	Vital	
	Vivacious	
	Volatile	